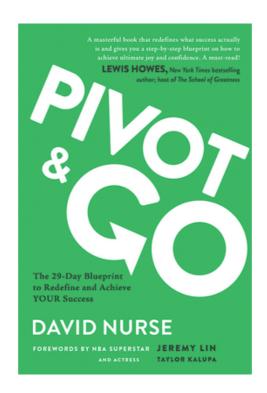
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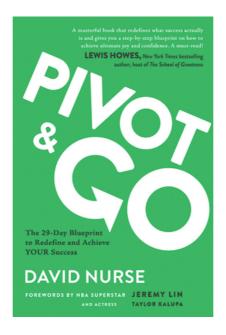
By David Nurse





PIVOT PERSPECTIVE. CHANGE YOUR LIFE.Most of us run on an endless string of vague goals and should-haves, with true, empowering change always just out of reach. Many of us feel stuck in our day-to-day routine, without the proper tools to break the mold and live our best lives every single day. David Nurse, a renowned life optimization coach of more than 150 NBA players and CEOs, knows it doesn?t have to be that way.Pivot & Go is a compelling, hands-on blueprint to changing course and leading the life you want to live?today. In this energizing, adventurous, and actionable guide, David outlines a clear 29-day plan?not to living the life, but to living your absolute best life. His key is to make mindful mindset pivots that allow you to shift your perspective by incremental yet powerful degrees. Focusing on success, failure, passion, joy, and confidence, Pivot & Go is here to help you find your genuine rhythm?one that will carry you through each chapter of life with the energy and

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